

# 3 month plus

Chastity Contract

## # HOW TO USE YOUR THREE-MONTH CHASTITY COMMITMENT CONTRACT

This contract serves as a formal agreement between you (the Inferior Beta Male) and All Women (the Superior Gender), establishing your commitment to at least three months of complete chastity. Before signing, read the entire document carefully to ensure you understand all terms, prohibited behaviors, and penalties for non-compliance. Select your start and end dates thoughtfully, considering periods when external pressures are minimal, and prepare your chastity journal for daily entries documenting your journey.

To maximize accountability, we strongly recommend posting the signed contract (with personal information obscured) to appropriate social media platforms. This public declaration not only strengthens your commitment but may connect you with supportive communities during challenging moments. Remember to maintain weekly self-assessments and regular social media updates throughout your commitment period as required in Section V.

In the event of any violation, promptly document the incident, calculate the appropriate penalty as outlined in Section VI, and complete all required remedial actions including public acknowledgment and, if necessary, video apology. Upon successful completion of your commitment, consider sharing your growth journey and exploring additional training materials at theHIVE.center to further your development as a properly behaved Inferior Beta Male who respects and honors the Superior Gender.



the HIVE dot CENTER

# THREE-MONTH PLUS CHASTITY COMMITMENT CONTRACT

## DECLARATION OF INTENT

I, \_\_\_\_\_ (name or nickname: hereinafter referred to as “the Inferior Beta Male”), being of sound mind though admittedly weak will, do hereby voluntarily enter into this binding agreement with All Women (hereinafter referred to as “the Superior Gender”) to maintain a state of complete sexual chastity for a period of not less than three (3) consecutive months.

This contract is undertaken with the understanding that the inferior beta male’s chastity serves the greater good by reducing the burden of my uncontrolled beta male urges upon society and allowing for the inferior beta male’s development into a more serviceable and tolerable version of himself.

## SECTION I: TERMS AND DEFINITIONS

For the purposes of this contract, “chastity” shall be defined as:

- 1.1 The complete abstention from orgasm by any means whatsoever.
- 1.2 The restriction of genital contact exclusively to hygienic purposes and medical necessity.
- 1.3 The proper maintenance of any chastity devices employed to facilitate compliance.

## SECTION II: DURATION OF COMMITMENT

- 2.1 This contract shall commence on //\_\_\_\_\_ at 12:01 AM local time.
- 2.2 This contract shall conclude on //\_\_\_\_\_ at 11:59 PM local time, provided no violations have occurred necessitating extension.
- 2.3 The Inferior Beta Male acknowledges that the entire period must be completed consecutively without interruption to fulfill the terms of this agreement.

## SECTION III: PROHIBITED BEHAVIORS

In addition to maintaining genital chastity as defined in Section I, the Inferior Beta Male is expressly forbidden from engaging in the following behaviors:

- 3.1 Inappropriate Visual Engagement: Defined as staring, leering, ogling, or fixating upon any woman or her body parts for purposes of sexual gratification.
- 3.2 Unwanted Communication: Defined as approaching, messaging, or otherwise attempting to engage women in conversation when such attention is not necessary or has not been explicitly requested.
- 3.3 Verbal Complaints: Defined as expressing dissatisfaction, discomfort, or frustration regarding the state of chastity to anyone except a designated chastity supervisor who you are compensating in some way to help enforce this agreement.
- 3.4 Mental Resistance: Defined as harboring thoughts contrary to the spirit of this agreement, including but not limited to plotting ways to achieve orgasm while technically adhering to the contract.
- 3.5 Excessive Self-Pity: Defined as wallowing in feelings of deprivation rather than embracing the transformative potential of long term chastity.

## SECTION IV: CLINICAL ASSESSMENT OF VIOLATIONS

From a clinical perspective, violations of this contract may be categorized as follows:

- 4.1 Primary Violation: The achievement of orgasm through any means whatsoever, whether deliberate or accidental, constitutes a complete breach of this agreement.
- 4.2 Secondary Violation: Engagement in behaviors specifically prohibited in Section III constitutes a partial breach of this agreement.
- 4.3 Tertiary Violation: Failure to maintain proper documentation or accountability measures as outlined in Section V constitutes a procedural breach of this agreement.

## SECTION V: ACCOUNTABILITY MEASURES

The Inferior Beta Male agrees to the following accountability measures:

- 5.1 Maintenance of a daily chastity journal documenting challenges, observations, and personal growth.

- 5.2 Weekly self-assessment of compliance to be recorded in said journal.
- 5.3 Optional: Regular check-ins with a designated witness or supervisor (if applicable).
- 5.4 Posting of this contract to appropriate social media sites to notify every one of your agreement.

## SECTION VI: PENALTIES FOR NON-COMPLIANCE

In the event of contract violation, the following penalties shall apply:

- 6.1 For Primary Violations: The three-month period shall restart immediately from the date of violation, with an additional one (1) month added as penalty.
- 6.2 For Secondary Violations: Each occurrence shall add seven (7) days to the total contract duration.
- 6.3 For Tertiary Violations: Each occurrence shall add three (3) days to the total contract duration.
- 6.4 Additional Remedies: The Inferior Beta Male shall make a tribute of \$\_\_\_\_\_ to a woman of his choosing who will understand the nature and severity of his infraction for each and every violation.
- 6.5 Public Acknowledgment: In the event of any violation, the Inferior Beta Male may, at their discretion, post a public statement acknowledging their failure to maintain their commitment to the Superior Gender, apologizing for the error and giving a detailed plan as to how this will be avoided in the future (and also ask for ideas as to how this can be avoided in the post).
- 6.6 Video Apology: Posting a video on appropriate social media with a heartfelt apology is required for repeated infractions, but the person may wear a mask and hide any personal information. The video should include expressions of happiness about trying again and looking forward to the rewards of long-term chastity as well as deep shame over the violation.

## SECTION VII: SIGNATURE AND AFFIRMATION

By signing below, I affirm that I enter this agreement voluntarily and with full understanding of its terms. I acknowledge that this contract represents my commitment to personal growth and proper respect for the Superior Gender.

Signed: \_\_\_\_\_ Date: // \_\_\_\_\_

Optional: Chastity Coach: \_\_\_\_\_ Date: // \_\_\_\_\_

For additional training materials to support your chastity journey, visit <https://thehive.center/stc2025>.

### **Legal Disclaimer:**

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